



# Camp Roger

## 2021 Summer Camp Guide Wilderness Trip Information

### PACKING LIST

- Quick-drying clothing for sunny, rainy, and cool days (preferably not cotton)
- Lightweight **long** sleeve shirt and **long** pants (quick drying – **not jeans or cotton**) for bug protection
- Socks (preferably quick drying)
- Swimsuit (one piece or modest tankini for girls)
- A supportive, broken-in pair of tennis shoes for hiking
- Raincoat or poncho (light raincoat is advised)
- A **warm, lightweight, and quick-drying** sleeping bag (Be sure your bag easily stuffs to a small size)
- Two** large (at least 24 oz. each) water bottles
- Toiletry articles
- Insect repellent (2 cans/bottles)
- Prescription medications (must be brought in the original container from the pharmacy)
- Campers who use prescribed inhalers or EpiPens should bring **two** inhalers on the trip

#### *Optional:*

- Hiking boots (tennis shoes are enough if they are comfortable and supportive)
- Sandals with back straps or water shoes
- A brimmed hat for sun (head nets may be provided)
- Camp Roger provides backpacks, but if you have your own you may bring it.
- Sunscreen
- Bible
- Lightweight flashlight or headlamp
- A lightweight quick drying towel or chamois and a regular towel for back at camp
- If a pillow is desired, it must be a small travel pillow
- If a sleeping pad is desired, bring a lightweight one
- Digital Camera (not a cellphone camera)

#### **For Voyagers Only:**

- Khaki or navy shorts for back at camp to be worn on opening/closing days with Staff shirt
- Extra clothes to stay at camp for 4-Day Session

**IMPORTANT:** Proper equipment can make the difference between a miserable camp experience and a comfortable, happy one. It is essential that you follow these equipment/packing guidelines. This may involve borrowing or buying gear that you may not already own. If you have trouble procuring this gear, please call Camp Roger at 616-874-7286 for assistance.

### THINGS TO LEAVE AT HOME

- All electronic devices (cell phones, iPods, iPads, tablets, electronic games, etc.)
- Cosmetics, hairdryers, etc.
- New or expensive clothing
- Food, gum and candy
- Over-the-counter medications such as Tylenol and Ibuprofen (Trip leaders will have these on hand as needed)
- Alcohol, drugs, and cigarettes (including e-cigs) are prohibited

### ARRIVAL AT CAMP: 9:30am – 10:45am

Please double check your reminder email or statement of account to confirm the start date of your child's session. Our staggered check-in is from 9:30 to 10:45am. Checking in, parking, and camper health screening could take 20 to 30 minutes. Please have your account and camp store deposits paid and your health forms turned in ahead of time. We request that all campers be checked/treated for lice prior to arrival. (We partner with Remedy Lice Boutique in West Michigan for pre-camp screenings at a reduced price.)

### Drop off at Camp Roger

- Parents are asked to arrive at staggered times alphabetically by last name:

<b>9:30 am</b>	<b>A-F</b>
<b>9:50 am</b>	<b>G-L</b>
<b>10:10 am</b>	<b>M-R</b>
<b>10:30 am</b>	<b>S-Z</b>
- If you arrive earlier than 9:30am, you should wait in your car in the front driveway until we open the gate. (Traffic is one way, and the back gate will be closed.)
- You will be greeted by the camp director and health screeners and directed where to unload your vehicle.
- A brief health screening of your child will include a no touch temperature check and a \$6.00 COVID-19 rapid test (if testing has not been conducted within the previous 2-4 days).
- Campers will receive their cabin assignments and meet counselors and staff.
- Camp staff will direct you on how to turn in medications to the nurse and exit camp property.

## **LATE ARRIVALS/ABSENCES/EARLY DEPARTURES**

We understand that occasionally a camper family may arrive late due to unforeseen circumstances. If you know you are running late, please call camp as soon as possible. If you anticipate arrival conflicts due to work schedules, please make plans for someone else to drop off your child or choose a different session.

Much happens in the first few hours of camp and regardless of your camper's comfort level with camp, there are multiple implications for late arrivals. Late arrivals due to health issues or family emergencies will be accommodated as best we can.

Because the Pioneer and Voyager trips are mostly off Camp Roger's property, missing a day or two is not an option. Also, for Voyagers, being present for the full 4-Day Session as a Voyager counselor is a very important part of the experience. If you anticipate your child having to leave early, please consider another session.

## **HEALTH HISTORY FORMS AND MEDICATIONS**

- Beginning in May, a link to complete an online health history form will be made available through your online registration login.
- All health history forms **must be completed prior to your child's arrival** at camp. If you registered online prior to May, you would receive an email notifying you when the online form is available. If you have any questions, please call the camp office at 616-874-7286.
- If there are any changes to be made to a submitted health form, please call the camp office to request that your form be reopened.
- Each Wilderness Trip is staffed with a counselor who is Lifeguard/CPR and Wilderness First Aid Certified.
- All prescription medications, herbal supplements, and vitamins must be brought to camp in the original container from the pharmacy. The camper's name, prescribing physician's name, medication name and dosage should be clearly marked on the container.
- All medications will be kept in the first aid kit with the counselor when off site. The first aid kit is stocked with ample over-the-counter medications, first aid supplies and a backup Epi-pen. The counselors are responsible for all medication administration when out of camp. They are given specific instructions and medication administration sheets from the nurse. The counselors are also given copies of the camper's health history forms and discuss each camper's specific medical needs with the nurse prior to leaving camp. The nurse is available by cell phone 24 hours a day for consultation as needed for out of camp trips.
- Counselors will contact camp directors at least once per trip to touch base.

## **ACCOUNT BALANCES**

- All accounts must be **paid in full before arrival** on the opening day of the session.
- You may pay your balance before you arrive by using the return to pay feature through your [online registration account](#), calling camp with a credit card number, or mailing in a check to Camp Roger.

## **CAMP STORE MONEY**

Wilderness trip campers do not need to deposit money in a camp store account. Voyager campers may bring along a little pocket money for snacks on the van rides to and from their destination, but not a lot is needed.

Campwear and souvenirs will be available to purchase at The Acorn Resale Shop located ¼ mile west of Camp Roger. (Hours are Wednesday-Friday, 9am-6pm and Saturday, 10am-3pm.)

## **LOST and FOUND POLICY**

- Please label all your child's items with their name.
- At the end of the session, lost and found items are collected and stored.
- Please call camp as soon as you realize you have a missing item. If we are able to locate the item(s), we will make arrangements with you for returning the item(s).
- Any unclaimed items will be held until the fall and then donated.

## **CANCELLATION/REFUND POLICY**

If for some reason your child cannot attend camp, please email the registrar at [krista@camproger.org](mailto:krista@camproger.org) or call the camp office at 616-874-7286. Prompt notification is appreciated and may allow for another camper to register. Cancellations made less than 14 days prior to the start of your child's session will result in the loss of the minimum \$100 deposit (exceptions for medical or COVID-related reasons, family emergencies, or death in the family). All other cancellations will result in a \$25 administrative fee. Any remaining payments will be refunded back to the credit card(s) used for deposits and/or payments. Sessions can be switched at no cost as openings allow.

## **KEEPING IN TOUCH WITH YOUR CAMPER**

Due to the nature of these trips, campers will not be able to receive daily mail. Campers receive mail when they return to Camp.

There are multiple ways in which you can communicate to your camper while they are away from home:

- **Bring a letter.** There will be a box at check in along the drive out of camp on opening day of the session. Feel free to drop off letters to your child ahead of time. Please include the camper's full name and wilderness trip.
- **Send them an email.** Camper emails are printed off at Camp Roger before noon each day and kept until the trip returns. Use our online form at [CampRoger.org/email-camper](http://CampRoger.org/email-camper).
- **Fax a letter to your camper.** Our fax number is 616-874-5734. Please include the camper's full name.
- **Mail them a letter.** Please include the child's first and last name and their wilderness trip. Send to Camp Roger, 8356 Belding Rd, Rockford, MI 49341.

Campers do not have access to computers or phones during their stay. The camp experience is designed to encourage and promote independence and an unplugged environment; therefore, phone calls are not permitted. Wilderness Trip leaders will be able to contact camp directors if there are any concerns that might be important to share (COVID-19 symptoms, severe homesickness, injury, other illness, behavioral concerns).

**Photos** will be added to our website after the trip; however, our photographer will need a few days to get these from the trip leaders. Go to [CampRoger.org/2021summerphotos](http://CampRoger.org/2021summerphotos) for links to each session's photo album. You can also follow us on Instagram and Facebook.

## **DEPARTURE FROM CAMP 11:15am-12:00pm**

Once again, please check your reminder email or statement of account to see when the last day of the session is.

### **Pick up at Camp Roger**

- Camper pickup is 11:15am to noon. If arriving before 11:15am, please wait behind the gate on the front drive until we open it.
- When the gate opens, please drive where directed and wait by your car as we bring your camper to you.
- Campers will only be released to authorized persons based on names provided by the parent/guardian. Please call the camp office to add authorized names. If another authorized person is picking up your child, please share this procedural information with them.

Voyager campers are encouraged to stay until 11:45am to say goodbye to all the campers in their cabins and wrap up their experience with their Voyager Trip leaders. We encourage you to pick them up at 11:45am to give them the full counselor experience.

## **QUESTIONS?**

Please visit our website at **[CampRoger.org](http://CampRoger.org)** for more information or give us a call.

No question is too small, and we love to serve our families each day. Thank you from all of us at Camp!

## **CAMP ROGER**

8356 Belding Road NE, Rockford, MI 49341  
Office Phone: (616) 874-7286

**Camp Director** – Kelsey Leunk  
Phone: (616) 822-2015  
Email: [kelsey@camproger.org](mailto:kelsey@camproger.org)

**Executive Director** – Doug Vanderwell  
Phone: (616) 460-6584  
Email: [doug@camproger.org](mailto:doug@camproger.org)

## **2021 COVID-19 GUIDELINES AND PROCEDURES**

Each summer, our top priority is to keep all campers and staff safe and healthy while we encounter and celebrate God's love through relationships and experiences in creation. This includes guidelines and procedures related to COVID-19 which may change as best practices and new research emerge. The most current guidelines and procedures will be posted on the website.

### **Pre-Arrival Health Screening and COVID-19 Testing**

- Screen your child at home for symptoms of COVID-19 prior to arrival at camp. Symptoms include: temperature of 100.4 F or higher, sore throat, cough that differs from what is seasonally normal for the child, difficulty breathing (for children with asthma this would be for those who are experiencing symptoms different from what is typical), diarrhea or vomiting, new onset of severe headache (especially with a fever), loss of taste or smell, fatigue, muscle or body aches. Children with a fever or other COVID-19 symptoms should stay home, and the camp director should be notified.
- Camp Roger is requesting that all campers have a negative result on a diagnostic COVID-19 test within two to four days prior to arrival for their overnight camp or wilderness trip session. For example, if your camper arrives on a Monday, they will need to be tested on the Thursday, Friday, or Saturday the week prior.
- During opening day drop-off, parents/guardians will complete and sign a "Current Health Screening" form for each camper they are leaving at camp. One question on this form will ask: "Has the camper had a negative diagnostic test for COVID-19 in the last 2-4 days?".
- If a camper was not able to get a negative diagnostic test result prior to arrival at camp, Camp Roger staff will perform a non-invasive rapid antigen detection test (or similar) on site. This option will cost \$6.00 for each camper test. If the on-site rapid test is positive, we will communicate and cooperate with our local health department to determine next steps for the camper.
- If your camper is fully vaccinated for COVID-19 (including a two-week period after the final dose) before they arrive for their session, we will not be requesting a negative diagnostic test for COVID-19.

### **Daily Health Monitoring**

- Campers and staff will be monitoring and recording any COVID-19 symptoms, including daily non-touch temperature checks, and reporting symptoms to the Health Center.
- If a camper becomes sick during the session with symptoms related to COVID-19, Camp Roger will notify parents/guardians immediately. The camper will be required to wear a mask and isolate from all other campers until we know if the camper needs to be picked up.
- Rapid tests will be available at Camp Roger to be used on a case-by-case basis to help us determine the next steps for campers who have reported symptoms.

**For more information about how we are adapting our programs and procedures, check out our COVID-19 guidelines and safe camp policy pages on our website.**