



Camp Roger

2022 Summer Camp Guide Wilderness Trip Information

PACKING LIST

- Quick-drying clothing for sunny, rainy, and cool days (preferably not cotton)
- Lightweight **long** sleeve shirt and **long** pants (quick drying – **not jeans or cotton**) for bug protection
- Socks (preferably quick drying)
- Swimsuit (modest, one piece)
- A supportive, broken-in pair of tennis shoes for hiking
- Raincoat or poncho (light raincoat is advised)
- A **warm, lightweight, and quick-drying** sleeping bag (Be sure your bag easily stuffs to a small size)
- Two** large (at least 24 oz. each) water bottles
- Toiletry articles
- Insect repellent (2 cans/bottles)
- Prescription medications (must be brought in the original container from the pharmacy)
- Campers who use prescribed inhalers or EpiPens should bring **two** inhalers on the trip

Optional:

- Hiking boots (tennis shoes are enough if they are comfortable and supportive)
- Sandals with back straps or water shoes
- A brimmed hat for sun (head nets may be provided)
- Camp Roger provides backpacks, but if you have your own you may bring it.
- Sunscreen
- Bible
- Lightweight flashlight or headlamp
- A lightweight quick drying towel or chamois and a regular towel for back at camp
- If a pillow is desired, it must be a small travel pillow
- If a sleeping pad is desired, bring a lightweight one
- Digital Camera (not a cellphone camera)

For Voyagers Only:

- Khaki or navy shorts for back at camp to be worn on opening/closing days with Staff shirt
- Extra clothes to stay at camp for 4-Day Session

PACKING TIPS: You will be carrying your personal items with you for extended times while hiking. This is helpful to keep in mind while packing. This may involve borrowing or buying gear that you may not already own. Proper equipment can make the difference between a miserable camp experience and a comfortable, happy one. It is essential that you follow these equipment/packing guidelines. Camp Roger will provide backpacks, tents, and cooking equipment. If you have trouble procuring any of the packing list items, please call Camp Roger at 616-874-7286 for assistance.

THINGS TO LEAVE AT HOME

- All electronic devices (cell phones, iPods, iPads, tablets, electronic games, etc.)
- Cosmetics, hairdryers, etc.
- New or expensive clothing
- Food, gum and candy
- Over-the-counter medications such as Tylenol and Ibuprofen (Trip leaders will have these on hand as needed)
- Alcohol, drugs, and cigarettes (including e-cigs) are prohibited

ARRIVAL AT CAMP: 9:30am – 10:45am

A "Getting Ready for Camp" email will be sent 7-10 days before the start of the session and will include our most updated arrival procedures. Please double check your statement of account to confirm the start date of your child's session. Our staggered check-in is from 9:30 to 10:45am. Checking in, parking, and camper health screening could take 20 to 30 minutes. **Please have your account paid and your health forms turned in ahead of time.** We have a strict lice and nit-free policy. We request that all campers be checked/treated for lice prior to arrival. (We partner with Remedy Lice Boutique in West Michigan for pre-camp screenings at a reduced price.)

Drop off at Camp Roger

- Parents/guardians are asked to arrive at staggered times alphabetically by last name:

9:30 am	A-F
9:50 am	G-L
10:10 am	M-R
10:30 am	S-Z
- If you arrive earlier than 9:30am, you should wait in your car in the front driveway until we open the gate. (Traffic is one way, and the back gate will be closed.)
- You will be greeted by the camp director and health screeners and directed where to unload your vehicle.
- A brief health screening of your child may include a non-touch temperature check and COVID-19 rapid test.
- Campers will receive their cabin assignments and meet counselors and staff.
- Camp staff will direct you on how to turn in medications to the nurse and exit camp property.

LATE ARRIVALS/ABSENCES/EARLY DEPARTURES

We understand that occasionally a camper family may arrive late due to unforeseen circumstances. If you know you are running late, please call camp as soon as possible. If you anticipate arrival conflicts due to work schedules, please make plans for someone else to drop off your child or choose a different session.

Much happens in the first few hours of camp and regardless of your camper's comfort level with camp, there are multiple implications for late arrivals. Late arrivals due to health issues or family emergencies will be accommodated as best we can.

Because the Pioneer and Voyager trips are mostly off Camp Roger's property, missing a day or two is not an option. Also, for Voyagers, being present for the full 4-Day Session as a Voyager counselor is a very important part of the experience. If you anticipate your child having to leave early, please consider another session.

HEALTH HISTORY FORMS AND MEDICATIONS

- Beginning in May, a link to complete an online health history form will be made available through your online registration login.
- All health history forms **must be completed prior to your child's arrival** at camp. If you registered online prior to May, you would receive an email notifying you when the online form is available. If you have any questions, please call the camp office at 616-874-7286.
- If there are any changes to be made to a submitted health form, please call the camp office to request that your form be reopened.
- Each Wilderness Trip is staffed with a counselor who is Lifeguard/CPR and Wilderness First Aid Certified.
- All prescription medications, herbal supplements, and vitamins must be brought to camp in the original container from the pharmacy. The camper's name, prescribing physician's name, medication name and dosage should be clearly marked on the container.
- All medications will be kept in the first aid kit with the counselor when off site. The first aid kit is stocked with ample over-the-counter medications, first aid supplies and a backup Epi-pen. The counselors are responsible for all medication administration when out of camp. They are given specific instructions and medication administration sheets from the nurse. The counselors are also given copies of the camper's health history forms and discuss each camper's specific medical needs with the nurse prior to leaving camp. The nurse is available by cell phone 24 hours a day for consultation as needed for out of camp trips.
- Counselors will contact camp directors at least once per trip to touch base.

ACCOUNT BALANCES

- All accounts must be **paid in full before arrival** on the opening day of the session.
- You may pay your balance before you arrive by using the return to pay feature through your [online registration account](#), calling camp with a credit card number, or mailing in a check to Camp Roger.

CAMPER STORE MONEY

Wilderness trip campers do not need to deposit money in a camper store account. Voyager campers may bring along a little pocket money for snacks on the van rides to and from their destination, but not a lot is needed.

Campwear will be available to purchase at the Camp Roger camp store (located in the Lodge) at pick-up time.

LOST and FOUND POLICY

- Please label all your child's items with their name.
- At the end of the session, lost and found items are collected and stored.
- Please call camp as soon as you realize you have a missing item. If we are able to locate the item(s), we will make arrangements with you for returning the item(s).
- Any unclaimed items will be held until the fall and then donated.

CANCELLATION/REFUND POLICY

If for some reason your child cannot attend camp, please email the registrar at krista@camproger.org or call the camp office at 616-874-7286. Prompt notification is appreciated and may allow for another camper to register. Cancellations made less than 14 days prior to the start of your child's session will result in the loss of the minimum \$100 deposit (exceptions for medical or COVID-related reasons, family emergencies, or death in the family). All other cancellations will result in a \$25 administrative fee. Any remaining payments will be refunded back to the credit card(s) used for deposits and/or payments. Sessions can be switched at no cost as openings allow.

KEEPING IN TOUCH WITH YOUR CAMPER

Due to the nature of these trips, campers will not be able to receive daily mail. Campers may receive mail when they return to Camp.

There are multiple ways in which you can communicate to your camper while they are away from home:

- **Bring a letter.** There will be a box at check in along the drive out of camp on opening day of the session. Feel free to drop off letters to your child ahead of time. Please include the camper's full name and wilderness trip.
- **Send them an email.** Camper emails are printed off at Camp Roger before noon each day and kept until the trip returns. Use our online form at CampRoger.org/email-camper.
- **Fax a letter to your camper.** Our fax number is 616-874-5734. Please include the camper's full name.
- **Mail them a letter.** Please include the child's first and last name and their wilderness trip. Send to Camp Roger, 8356 Belding Rd, Rockford, MI 49341.

Campers do not have access to computers or phones during their stay. The camp experience is designed to encourage and promote independence and an unplugged environment; therefore, phone calls are not permitted. Wilderness Trip leaders will be able to contact camp directors if there are any concerns that might be important to share (COVID-19 symptoms, severe homesickness, injury, other illness, behavioral concerns). Staff will keep camper medical, health, and personal information private from other campers and parents/guardians unless expressed permission is given.

Photos will be added to our website after the trip; however, our photographer will need a few days to get these from the trip leaders. Go to CampRoger.org/2022summerphotos for links to each session's photo album. You can also follow us on Instagram and Facebook.

DEPARTURE FROM CAMP 11:15am-12:00pm

Once again, please check your reminder email or statement of account to see when the last day of the session is.

Pick up at Camp Roger

- Camper pickup is 11:15am to noon. If arriving before 11:15am, please wait behind the gate on the front drive until we open it.
- When the gate opens, please drive where directed and we will help you find your camper's cabin building.
- Campers will only be released to authorized persons based on names provided by the parent/guardian. Please call the camp office to add authorized names. If another authorized person is picking up your child, please share this procedural information with them.

Voyager campers are encouraged to stay until 11:45am to say goodbye to all the campers in their cabins and wrap up their experience with their Voyager Trip leaders. We encourage you to pick them up at 11:45am to give them the full counselor experience.

QUESTIONS?

Please visit our website at **CampRoger.org** for more information or give us a call.

No question is too small, and we love to serve our families each day. Thank you from all of us at Camp!

CAMP ROGER

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